

# PRIMARY HEALTH CARE PROVIDER FORM

## APPROVAL FOR SELF-ADMINISTERED EMERGENCY MEDICATION AT FRIENDS CAMP

As the primary health care provider for \_\_\_\_\_,  
Camper Name

he or she is permitted to have readily available (carry or possess outside of the regular supervision of the Friends Camp Health Hut staff) and self-administer as medically necessary:

(Circle all that apply or list other emergency self-medication device.)

- A. **Asthma Inhaler**
- B. **Epinephrine Pen**
- C. **Other (please list)** \_\_\_\_\_

I have read the State of Maine Law below, and confirm that the camper has the knowledge and the skills to have readily available and safely self-administer the indicated emergency medication at Friends Camp.

---

Primary Healthcare Provider signature

Date

---

### Summary of Maine Law on Self Administration of Emergency Medications

**Recreational camps for children; emergency medication.** *A recreational camp for boys or girls must have a written policy authorizing campers to self-administer emergency medication, including, but not limited to, an asthma inhaler or an epinephrine pen. The written policy must include the following requirements:*

- A. A camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;*
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;*
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp; and*
- D. The emergency medication must be readily available to the camper.*

Friends Camp families:  
Please upload completed form to Camp Brain Account,  
or email to [director@friendscamp.org](mailto:director@friendscamp.org).